Doing Time:
BBV health practice and possibilities to improve outcomes for Aboriginal people in the NSW prison population

Annette Slater
LOGIC

- To introduce my role
- To provide health education & promotion
- To build trust and comfort levels with potential clients
- To assure of cultural sensitivity & confidentiality
- To promote holistic / follow through care
- Promote CHOICE in access to good health care
HOW TO BUILD TRUST

- Take an interest in Gaol activities Eg: NAIDOC
- Aboriginal English – use of cultural ways & words
- Humour (topic: not always ‘doom & gloom’)
- Promote support for not only client but for partner & family
- Take an interest in what ‘Nation’ client belongs to
Pre-Release in a Correctional Setting

BAG OF TRICKS

- Booklets / Posters / Pamphlets
- Playing Cards
- TIM TAMS !!! Or ‘dunking’ bikkies
- Present Certificates of Attendance
Pre-Release in a Correctional setting

ISSUES

- Client is moved to another correctional centre
- Client does not live in your Area Health Service
- Client has an attitude of inbuilt fatalism
- Client is apprehensive – SHAME & STIGMA
- Client thinks all too hard to access from community their ‘isolated’ / socio-economic background
WORKING IN A JUVENILE JUSTICE SETTING

CREATIVE PROGRAMMING

- Sensitive (culturally & age appropriate) ongoing / flow on programs
- Work with National, State themes eg: NAIDOC, YOUTH Week, Sexual Health Week, WAD.
- Introduce Special Guest Speakers where possible EG: HIV+ speaker.
- Targeted health messages to the client group Eg: Body parts such as Liver, Immune system, Blood etc to parts of a car (good with young Males).
- Turn info into ART
HOLISTIC EDUCATION

- BBI / Sexual Health & the “Whole” Person
- Empowering talks to “Break a Cycle”
- Themes: RIGHTS, RESPECT, RESPONSIBILITY
- Healthy Relationships for the person, their partner and their unborn child, also their family & community
- Sex & Sexuality
THANK YOU

for the working partnerships

- Justice Health Staff (internal / external)
- Corrective Service Education Staff
- Dept. of Education (Correctional Settings)